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Time Schedule

FIELD EVENTS

TIME		EVENT
3:00pm	men	Weight Throw
follows men	women	
follows WT	men	Shot Put
follows men	women	
4:00pm	women	Pole Vault
30 min. following women	men	
4:00pm	men	Long Jump
follows women	women	
follows LJ	men	Triple Jump
follows women	women	
5:00	women	High Jump

WOMEN'S PENTATHLON (all times approx. except start time)

men

1:00	women's	60 Hurdles-Pentathlon
1:20	women's	High Jump-Pentathlon
2:30	women's	Shot Put-Pentathlon
3:20	women's	Long Jump-Pentathlon
4:00	women's	800 M Run-Pentathlon

(The running event time schedule may be altered due to number of entries)

RUNNING EVENTS

follows women

4:10	wome	en	60 H Prelims
4:20	men		
4:35	men		60 M Prelims
4:40	wome	en	
5:00	wome	en	Mile
5:10	men		
5:20	men		60 H Finals
5:27	wome	en	
5:35	wome	en	60 M Finals
5:42	men		
5:52	wome	en	400 M Dash
6:00	men		
6:10	wome	en	600 M Dash
6:20	men		
6:30	wome	en	800 M Run
6:37	men		
6:45	wome	en	200 M Dash
7:00	men		
7:15	wome	en	3K Run
7:30	men		
7:45	wome	en	Distance Medley
8:00	men		
8:15	wome	en	4 x 400 Relay
8:25	men		