John Craft Invite

January 21st, 2017

TIME	EVENT

9:00am men Weight Throw

follows men women

follows WT men Shot Put

follows men women

10:00 women Long Jump

follows women men

follows LJ women Triple Jump

follows women men

11:30am men Pole Vault

2:00pm women

12:00 noon women High Jump

2:00pm men

RUNNING EVENTS

11:30am men 60 M Hurdles prelims

11:40am women

11:50am men 60 M Dash prelims

12:05pm women

1:00pm women Mile

1:15pm men

1:30pm women 400 M Dash

1:45pm men

2:00 pm women 600 M Run

2:10pm men

2:20 pm women 60 M Hurdles Finals

2:25pm men

2:30pm women 60 M Dash Finals

2:35pm men

2:45pm women 800 M Run

2:53pm men

3:10pm women 400 Hurdles

men

3:20pm women 3K

3:40pm women 200 M Dash

4:00pm men

4:30pm men 3K

4:45pm women Distance Medley

5:00pm men

5:15pm women 4 x 400 Relay

5:25pm men