

John Craft Invite

January 21st, 2017

Entries & Fees: Each team will be limited to: **4 entries per individual event, 1 relay unit per team.** (B and C squads may be added if space allows) Additional entries in each event will cost an additional \$10.00 per individual.

The entry fee will be **\$20.00 per competitor** with a maximum of **\$250.00 per gender.** Make checks payable to EIU Athletic Department - Track. (Men's and Women's entry fees are separate)

Web Entry Procedure: **All** entries must be submitted on-line at <http://www.steepleweb.com/meet/11992> Web entries will be open until **Tuesday, Jan. 17th, 2017**, closing at **midnight.**
(Entry instructions are on page 2 including unattached)

Final Declarations: **Your web entries will be your final declarations!!**

Seed Marks: Please list the athlete's best performance from this season only.

Eligibility: Open contestants will be allowed to compete.

Scoring: This meet will be scored by Divisions. Division I schools may also Double Dual this meet. Please call if you have any questions concerning meet eligibility.

Team Packets: Team packets may be picked up at the scorer's table prior to the start of the meet.

Inspection of Field Equipment:

- (1) All throwing implements must be weighed and checked at the scorer's table by the Head Weight & Measures Judge. **Weigh in will be at 8:30am.**
- (2) No throwing implements may be used without the official markings.
NO HARDSHELL WEIGHTS ARE ALLOWED!
- (3) All implements that are found to be non-regulation will be impounded until the completion of the event.
- (4) A 10 minute general warm-up for all competitors will start 20 minutes prior to the event, then each flight will receive a 10 minute warm-up period.

Results: Results will be available as soon as possible following the meet. If you need to leave prior to the completion of the meet, complete results will be available through our sports information office. Please call:
(217) 581-6408.

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MEET INSTRUCTIONS:

- All 200 Meter Participants **MUST** check in WHEN CALLED or they will be scratched from the event.
- ALL jumpers must check in with the first flight to receive specific instructions for the jumping competition.
- No jumps will be measured under:

	Women	Men
Long Jump	15'00"	20'00"
Triple Jump	32'00"	43'00"
- No throws will be measured under:

	Women	Men
Weight Throw	34'00"	38'00"
Shot Put	30'00"	38'00"
- Starting Heights:

	Women	Men
High Jump	4'10"	6'00"
Pole Vault	8'00"	13'00"

The link for teams to register for the John Craft is here:

<http://www.steepleweb.com/meet/11992>

If they need assistance with getting their rosters from TFRRS, they can read this help article:

<http://goo.gl/3Q3jiH>

If they need assistance, live chat is available on [steepleweb.com](http://www.steepleweb.com) or they can email

support@steepleweb.com

Unattached entries must use the same web link to enter. Entry fee must be received prior to the meet. Mail your entry fee to:

**Coach Akers
EIU Track & Field
600 Lincoln Ave.
Charleston, IL 61920**

Make all checks payable to: EIU Track & Field